



Kit Makeover

TO KICK OFF 2017, Kit gave a “Renew You” makeover to a deserving, woman in the community. Everyone knows a woman who selflessly gives without expecting anything in return — someone who doesn’t leave enough time for themselves. Kit wanted to give one of those women a giant “Thank you!” and let them know they’re appreciated. We asked, you nominated. Now it’s time to meet our (more-than-deserving) winner.

MEET WINNER STEFANIE PALICH

NOMINATED BY | Stephanie Whonsetler, who says, “She is absolutely the

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most selfless, giving and loving woman I know!"

AGE | 34

OCCUPATION | Mom, teacher, caregiver, mentor (aka Wonder Woman)

STYLE | Classic and clean

We quite literally
kicked off 2017
with Stefanie!



**BEFORE HER
MAKEOVER,
STEFANIE
PALICH
(SECOND
FROM LEFT)
AND HER
FAMILY.**



Contest winner Stefanie Palich has her hands full, which appears to fill up her heart as well. The 34-year-old Noblesville resident has — count ‘em — five daughters between the ages of 1 and 9 and, of course, loves spending time with them. She also enjoys running, and recently completed a half Ironman in Muncie, Ind. Palich will be participating in San Francisco’s “Escape From Alcatraz” triathlon in 2017, completing the 1.5-mile open-water swim in the Pacific Ocean, along with an 18-mile bike ride and 8-mile run.

While Palich enjoys knitting (on occasion) and keeping her home clean (a part-time job on its own with five kids), she also strives to serve and mentor



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others — helping people is her passion. You can often find her volunteering in the children’s ministry at Grace Church in Noblesville.

“Stefanie’s passion for loving and caring for people is evident in all that she does,” says Stephanie Whonsetler, who put Palich’s name in the running for Kit’s makeover.

“She goes above and beyond to show people how loved they are, even in the simple acts of cooking a meal for a family in need or sending a heartfelt and encouraging text message to a friend, ‘just because’ she was thinking of them.”

While she homeschools her five daughters, Stefanie’s mother has moved in with them. The family has also welcomed a new friend into their home who was in need of some loving support.

On top of the responsibilities that come with having a full house, the family experienced a trying setback when Palich’s husband was diagnosed with cancer; he is now cancer free! Whonsetler calls her friend beautiful inside and out.

“I’m not sure how she does all that she does, let alone how she does it with the amount of faith, trust, hope and grace that she does!” says Whonsetler, adding that a woman as generous as Palich deserves a gift. A few days of pampering “will show her the love that she so readily shows to all of those around her!”



Day one started in style as Palich and stylist **Beth Divine** went on a shopping spree to **Macy’s**. Pulling dresses, blouses, jeans and vests, the pair worked to honor Palich’s classic, clean tastes while dipping her toe into a range of styles. On to the dressing room!

As a mom and athlete, Palich enjoys being comfortable and keeping it simple. You’re likely to find a pair of comfy jeans and riding boots, or running attire close by. The outfits from Macy’s represent parts of Palich’s lifestyle and personality. Divine’s styling tips helped her model learn more about highlighting her body type. They choose clothing items that enhance Palich’s best features and draw attention to her curves.



Palich spent her second “Renew You” day at **Massage Envy** and **Phases Skin**

Care to treat herself to the soothing sensations of a massage and facial.

Palich carries a lot of stress in her shoulders and neck, so her Massage Envy visit included a focus on these areas to release tension.

A facial newbie, Palich got to experience Phase Skin Care's HydraFacial. The exclusive procedure helps improve fine lines and wrinkles, elasticity and firmness, skin tone evenness and vibrancy, hyperpigmentation, oily/congested skin, enlarged pores and signs of aging. Palich particularly enjoyed the exfoliation and brightening of her complexion.



Day three called for more pampering as the pros at Kiss Kiss Bang Bang Salon did Palich's hair and makeup for the Kit photo shoot. With her personality, she needed something fun, but effortless in style.

The stylist cut her hair into a choppy bob that gives more emphasis to her jawline and can be worn in a variety of ways. Palich's dark, shiny locks got a shot of brightness to make the new cut pop.

Her eye makeup was kept soft and natural to enhance her eyes, letting her lips dig into a deeper shade of plum to showcase their beauty and fullness. Once complete, Palich visited our Kit studio for the photo shoot, spending the day posing for the camera like a real-life celebrity!

BACK IN BLACK

Stefanie said she felt attractive and somewhat edgy in this monochromatic black outfit — especially in the coated jeans that hugged her slim figure. The printed blouse adds pattern and texture to the outfit. Monochromatic outfits make everyone look a little taller, our model included (she's already 5 foot 7). Stefanie liked the booties as well and was surprised at how comfortable they were.



Leather jacket, \$399; sheer blouse, \$99; and black coated jeans, \$99; all by Lucky Brand at Macy's. Carlos Santana booties, \$69.99 at Macy's. Silver earrings by INC, \$29.50 at Macy's. Choker, \$6; and bracelet, \$32; at Karisma in Noblesville. Acrylic bar stool from HOUSEWORKS.

LADY IN RED

Stefanie Palich said she's been told she looks great in red — and she does!

"I wanted to put her into a dress because she doesn't wear them very often, nor the high heels. Stefanie was surprised how much she enjoyed this dress and look, and it even had pockets!" Divine says.

The dress is comfortable, yet glamorous — perfect for date night or a party! The neckline shows off her shoulders and well-toned arms, and the A-line skirt gives her more of an hourglass shape.



Calvin Klein dress, \$149; Michael Michael Kors sandals, \$125; Noonday Collection earrings, \$34; all at Macy's. Acrylic bar stool from HOUSEWORKS.

WE LOVED GETTING TO KNOW STEFANIE PALICH for the "Renew You feature. During our first conversation with her, it was obvious she had a strong sense of personal style, knew what colors looked good on her and how to best emphasize her shape. Her fashion icon is the ever-classic beauty Audrey Hepburn. "I like classic clothing I can wear from season to season," Palich says. "I like some patterns and bright colors."

Indeed, bright colors look amazing on Palich because her coloring is "clear." She has a lot of intensity and contrast in her hair, eyes and skin coloring, with deep brown hair, olive skin and bright blue eyes. She can always wear bright colors such as turquoise, purple, red, teal, magenta, jade and hunter green, as well as navy, black and white. Silver is her best metal, although touches of gold work, too.

Palich's shape is straight, without a lot of curves, and her athletic shape means her waist isn't typically well defined. The goal, then, was to add some

curves, define the waist, and make sure clothing fits and is not too baggy. Palich is one of the those fortunate few who can rock body-con clothing, too. She should always fill out whatever she wears.



A NOD TO NAVY

"This dress is another great shape for a no-curves figure because it defines the waist and adds some curves. Blue is a great color for someone with clear coloring such as Stefanie," Divine says.

Once the dress was on, Palich liked the floral print and pockets, even though she said it was not something she would normally pick. The denim jacket is a casual addition, and the purple belt adds a bit of contrast, avoiding a matchy-matchy all-blue outfit. The navy booties with fringe carry on the look of the outfit and are a nice change from just black boots.

Tommy Hilfiger dress, \$134; William Rast denim jacket, \$109.50; Thalia booties, \$59.99; INC bracelet, \$39.50; INC earrings, \$19.50; all at Macy's. Belt, from Divine's closet.

PRETTY IN PLAID

Palich loved the comfort of this plaid shirt and stretch of the skinny jeans — these are the kinds of separates she lives in as a busy mom of five. Divine picked a size 2, down a size, to make sure the jeans fit well.

"It's essential you buy jeans that are snug since they often stretch later if they have spandex in them," Divine says.

Palich liked the gathered waist of the lined military jacket. "It shows my waist!" she exclaimed during the shoot. The bright colors of the plaid shirt look great on her, and the brown boots round out the laid-back vibe.



Levi's military jacket, \$180; Lucky Jeans plaid shirt, \$89.50; INC skinny leg jeans, \$69.50; INC earrings, \$19.50; Frye boots, \$398; all at Macy's.



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